

**JULY 2012** 

# Prevention Banners at Navy Logistics Library

Prevention Banners are NOW available for order through Navy Logistics Library. The banners promote Alcohol Awareness Month, 101 Days of Summer, Right Spirit Campaign, 3D Month, and Red Ribbon Week. The banners can be placed at gate entrances, building entrances and events around base.

- 1. To order visit: https://nll2.ahf.nmci.navy.mil/
- 2. Click on the "Navy Publication Index" button and select "Shopping Cart"
- 3. In the keyword Field type "Banners"



WEEK



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## Are You Recommending the Navy MORE Program?

Navy MORE is an exclusive, secure, confidential online program of recovery support. The Web-based Navy MORE program connects Sailors with the tools, support, and fellowship needed to build a new life in recovery. It's free, easy-to-use, and always accessible. Think of Navy MORE as a personal guide for your recovery journey.

DAPAs should be encouraging Sailors to take an active role in Navy MORE which will increase their quality of life and help them to once again become highly productive military members. DAPAs can show support by asking questions. This can show that the command puts value in the program and the person's recovery. Who is your MORE coach/counselor? How are you doing in Navy MORE program?

Also visit www.navymore.org/home.html

Research shows that Sailors who actively engage in continuing care after treatment are more likely to remain abstinent. And of the MORE participants who utilize MORE as recommended have higher abstinence rates than those who do not use it as recommended.

Region	Areas/POC
Bremerton	Bremerton, Oak Harbor Fallon, LeMoore, Port Hueneme, Wash Navy Yard, and Mid-South.  Coach: Mike Brown Email: <a href="mailto:michael.bown@med.navy.mil">michael.bown@med.navy.mil</a> Phone: 360-475-5292
Camp Pendleton	Camp Pendleton, 29 Palms, San Diego MCRD, Barstow, Miramar, Yuma Coach: Samuel Balius Email: <u>Samuel.balius@med.navy.mil</u>
Portsmouth	Norfolk, Rota, Naples, Sigonella, Bahrain, Great Lakes Coach: Eddie Masters Email: <a href="mailto:eddie.masters@med.navy.mi">eddie.masters@med.navy.mi</a>   Chris Brunson Email: <a href="mailto:Christopher.brunson@med.navy.mil">Christopher.brunson@med.navy.mil</a>   Phone: 757-953-9941,
Camp Lejeune	Lejeune, Patuxent River, Bethesda, Dahlgren, Annapolis Coach: Herschel Brookin Email: Herschel.brookin@med.navy.mil Phone: 910-451-0257
Okinawa	Okinawa, Guam, Diego Garcia, Sasebo, Yokosuka Coach: Pooying Kimball-Bougereoise Email : <u>Pooying.kimball-ourgeoise@med.navy.mil</u> Phone: 315-645-3009
Jacksonville	Jacksonville, Charleston, Gulfport, Keywest, Kings Bay, Mayport, Pensacola, Meridian, GTMO, Groton, Portsmouth NH, Newport Coach: Wayne Stewart Email: Malcolm.stewart@med.navy.mil Phone: 904-542-4888 ext 136
San Diego	San Diego, Corpus Christi, Pearl Harbor and all home-ported ship Coach: Tracy Wells Email: <u>tracy.wells@med.navy.mil</u> Gregory Rakes Email: <u>gregory.rakes@med.navy.mil</u> Phone: 619-556-6105.





### Campaign Drug Free Flagship Award

Congratulations to NIOC Fort Meade, MD, on their selection as the Large Shore Command recipient of the Campaign Drug Free Flagship Award. This award recognizes the best program that reaches out to teach children about the dangers of drug abuse using the Navy Reserve Force specially prepared video tapes and presentation or other anti-drug programs such as Drug Education for Youth (DEFY) or Red Ribbon Campaign. Good job NIOC Fort Meade, keep up the good work!

### DEFY is looking for DEFY graduates!

Are you a DEFY graduate or the parent of a DEFY graduate? If so, we'd love to hear from you about your experience. DEFY will be commemorating its 20th anniversary in 2013 and we would like to include your DEFY stories as part of that celebration. You can email your responses to david.vanneste@navy.mil or timothy.f.bentley@navy.mil. For further information, please call (901) 874-3300.



### 2012-2013 DEFY Program Underway

As Phase I leadership camps wind down, we're preparing for the school mentoring component (Phase II) of the program. During Phase II, youth receive additional educational lessons on a variety of life skills and receive mentoring by positive adult role models. If you are interested in participating, contact your local DEFY program coordinator.



### DEFY 20th Anniversary Year

2013 will mark DEFY's 20th anniversary. Piloted at two sites (NAS Alameda and NAS Pensacola) in 1993, DEFY has grown to almost 50 programs worldwide. Numerous curriculum and other program updates have kept the program current and relevant. The anniversary will be commemorated at the annual Train-the-Trainer conference held in early spring 2013. If your command is interested in starting a new DEFY program, please contact Mr. Dave Vanneste at email david.vanneste@navy.mil or call (901) 874-3300.

# Breezing through Synthetic Drug Testing

Everyone seems to be aware that the Navy has been testing for synthetic cannabinoids (a.k.a. "Spice") since March 2012. With an understanding of how this testing program works and a small amount of advanced preparation, commands can ensure their testing gets processed and reported back to them in a timely and efficient manner.



**HOW IT WORKS:** Navy Synthetic Drug Testing is a distinct and separate program from your standard urinalysis program. Similar to the process used for steroid testing, urinalysis samples taken for synthetic drug testing are first sent to a Navy Drug Screening Laboratory (NDSL), and then forwarded to a civilian laboratory contracted to provide the testing. This testing program is only processed through NDSL Great Lakes and is only for Navy members. Samples that are taken as part of an active NCIS criminal investigation follow a different path, and are processed by the Armed Forces Medical Examiner Service (AFMES) Forensic Toxicology Lab. When this path is used, follow the guidance provided by NCIS on submitting samples.

**BEING PREPARED:** A separate database must be established within the Navy Drug Screening Program (NDSP) for synthetic drug testing, because these tests are not to interfere with your standard urinalysis program. There are instructions on setting this up in the Synthetic Drug Testing Operating Guide, available on the NADAP web page (www.nadap.navy.mil). If you are faced with the challenge of taking a sample on short notice, it pays to have this set up in advance. There are no special supplies required.

**AUTHORIZATIONS**: NADAP distributes authorization numbers that allow samples to be tested via the NDSL. No authorization number = No testing. Getting an authorization number is as simple as sending the command's request letter (signed letterhead version) to the NADAP office via fax ((909) 874-4228) or email (mill\_sdtestreq@navy.mil). An email response will be sent to the command point of contact. Turnaround is normally within 24 hours. An authorization number is granted for a sample or group of samples to be collected and shipped within 5 working days of authorization.



**SHIPPING:** NDSL Great Lakes will receive samples via mail or hand delivery. It is important that samples be properly labeled so that they can be screened into the correct process at the lab. Samples that are meant for synthetic drug testing but get taken into standard testing or shipped to the wrong laboratory can't be recovered. Once a sample is processed into the lab, it is placed into a larger batch and shipped to the testing facility.

# Synthetic Drug Testing Cont.

**RESULTS:** Approximately 8 working days after being sent to the outside lab, results are returned to NDSL Great Lakes, certified and then forwarded to NADAP for inclusion into ADMITS. The official results show up in ADMITS approximately 2 working days later. If there are positive results, NADAP will notify the command that they will be posted in ADMITS. No results will be posted in iFTDTL.

#### **KEY POINTS:**

- Have your second database ready in advance: Trying to setup the database at the same time you are forced to collect an urgent sample will be a frustrating affair.
- Be smart about your testing plans: Trying to test from both regular and synthetic databases simultaneously provides an abundance of opportunities to screw up one, the other, or both tests. Avoid it.
  - Each command is given an authorization number and a ship-by-date. After receiving the authorization number, you have 5 Working days to collect and mail the samples to the lab.
- Do not request 200 quotas to test 25 personnel, or 2 quotas to test 30.
- Conserve some testing capacity for someone else by scoping your requests to meet your needs. Testing the entire command when the clear area of concern is only among barracks dwellers may be overkill. Organize your sub-pools accordingly.
- One letter will suffice: Provide your testing UIC as part of the
  correspondence for your request. Authorization numbers are tied to testing
  UICs and the date authorized. A command with a number of sub UICs, or a
  superior command requesting authorization numbers for a subordinate can
  combine the requests, as long as it is clear how many quotas each testing
  UIC is requesting.

#### KNOW WHERE TO GO FOR HELP:

Review the Synthetic Drug Testing Operating Guide available at <a href="https://www.nadap.navy.mil">www.nadap.navy.mil</a>.

Contact your ADCO or the Navy Synthetic Drug Testing Help Desk for any questions regarding synthetic drug testing: mill\_sdtestreq@navy.mil (901) 874-4232 (DSN 882).



# NADAP WEBINARS SCHEDULE

All webinars begin at 1300-1400 (CST) and 1700 (CST). Visit the NADAP website for more information. If you have questions, please contact Sara Geer at sara.geer.ctr@navy.mil

#### How to join the meeting:

- 1. Register for a DCO account at <a href="https://www.dco.dod.mil">https://www.dco.dod.mil</a>
- 2. Click the link below to enter meeting. <a href="https://connect.dco.dod.mil/nadapwebinar/">https://connect.dco.dod.mil/nadapwebinar/</a>

#### **SCHEDULE & SUBJECT**

9 AUG	UPC Responsibilities	
23	NDSP	
AUG	Overview	
13 SEP	ADMITS Overview	
27 SEP	Synthetic Drug Testing	
11	DAPA	
OCT	Responsibilities	
25	ADCO	
OCT	Responsibilities	
8 NOV	Prevention Campaigns & How to Order	

# *i*FTDTL Portal



# Changes for Web Based Reporting (IFTDTL)

IFTDTL is now required to implement DOD Information Assurance (IA) account requirements which includes the disabling of user accounts for **users who have not logged into their portal account in the prior 35 days.** They will be phasing this change in over the next few weeks:

1. During the transition starting on 15 Jul 2012 they will disable any accounts where the user has not logged in for more than 70 days.

A separate email will be sent to accounts for users who have not logged in between 36-70 days. These accounts will receive a notice on July 15, 2012 that they need to log into their account so that their account remains active. They will also receive a reminder notice 7 days prior to account deactivation.

2. On 12 Aug 2012 they will enable the 35 day lockout. All users who have not logged into their account within 35 days of 12 Aug 2012 will be disabled.

After the transition, users will receive 3 e-mail notices at 15, 7 and 1 day(s) prior to account deactivation. When the user logs in this will reset the 35 day window for that user.

Note: At the present time, disabled accounts will continue to receive emails notifications. For instance the positive notification emails will be sent even if the user has a disabled account. They will add a feature to the user administration portal to allow authorized users to re-enable accounts. All other account management features (i.e. expiration date) will remain AS-IS.

For questions and concern contact Mike Aukerman at george.aukerman@navy.mil.

# All NADAP Item Available at Navy

# **Logistics Library**

NADAP campaign materials are now available through the Navy Logistics Library (NLL) at no cost to all Navy commands. Supply personnel must order them via <a href="https://nll1.ahf.nmci.navy.mil">https://nll1.ahf.nmci.navy.mil</a> (for NMCI computers) or <a href="http://www.navsup.navy.mil/navsup">http://www.navsup.navy.mil/navsup</a> (if NMCI is not available).

### Items at NLL

- 1. Prevention Banners
  - Alcohol Awareness Month
  - Drunk and Drugged Driving (3D) Month
  - Red Ribbon Week
  - Right Spirit
  - 101 Days of Summer
- 2. Who Will Stand Your Watch? Campaign
  - Pamphlets
  - Posters
- **3.** The Domino Strategy on How to Drink Responsibly Campaign
  - Pamphlets
  - Posters
  - Banners
  - Table Tents
- **4.** Street Drug Booklet
- 5. Spice: It's Not Legal. It's Not Healthy. It's Not Worth it. Posters

For a complete list of all NADAP items available at Navy Logistics Library, visit <a href="https://www.nadap.navy.mil">www.nadap.navy.mil</a>.



# FY12 STATISTICS

**DAARS & DUIS** 

ОСТ	342	98			
NOV	303	70			
DEC	313	111			
JAN	351	97			
FEB	298	92			
MAR	340	109			
APR	339	91			
MAY	260	53			
JUN	132	23			

# MEM POS & TOTAL TESTED

ОСТ	98	95,072
NOV	133	101,388
DEC	86	89,799
JAN	126	121,186
FEB	137	97,565
MAR	158	100,115
APR	144	93,907
MAY	190	87,678
JUN	60	39,993



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<a href="https://www.facebook.com/USN.NADAP">https://www.facebook.com/USN.NADAP</a>





